



### **Events Must-Have Packing List (Everyone):**

- Beach cover-up and sexy sun/maxi dresses - This may be used when traveling between events outside the classroom and at some meals
- Flip flops, to run to restroom in
- A few sets of warm-up clothes (tank tops, yoga pants, sweats, etc.)
- Side-tie or booty shorts
- 1-2 pairs of 6-inch, platform heels (or closest thing you can get)
- Your favorite sexy bra (nude)
- Your favorite sexy pair of panties (nude)
- A bikini or sexy bathing suit
- Hat
- Sunglasses
- Journal & pen
- Sharpie
- Flashlight to use in dark movement rooms
- Tote or compact rolling suitcase
- An iPod or other MP3 player filled with at least 30 minutes of songs you love & headphones; if using Spotify be sure to download music to your device

### **Events Must-Have Packing List (Beginning To Intermediate):**

- A button-down shirt; if you want to bring one of your current or ex-lover's shirts, even better
- Your favorite pair of curve-loving jeans
- Dress or flowing skirt that you can move in
- Hoodie

### **Nice-to- Have Packing List:**

- Kneepads
- Leg warmers
- Supplemental Erotic Creature wear (tutus, leg ties, sequin bottoms, bodysuits, Body Binds)
- A sweater, a scarf, and/or a wrap for lecture rooms in case the A/C is on high
- Flash tattoos
- Small flashlight
- Epsom salt, arnica or Traumeel for sore muscles/mini-bruises
- Sunscreen
- Travel Kleenex packs
- Band-aids
- Neosporin
- Aromatherapy
- Snacks: packs of almond, trail mix, protein bars, dried fruit

### **Packing Resources**

- Wild Moon by Julia Ball: <https://mywildmoon.com>
- Mika: <https://www.mikayogawear.com/collections/side-string-shorts>
- Upscale Stripper: (<http://www.upscalestripper.com/>
- Yandy: <http://www.yandy.com/>
- Amazon:  
[https://www.amazon.com/s/ref=nb\\_sb\\_noss?url=search-alias%3Daps&field-keywords=stripper+shoes](https://www.amazon.com/s/ref=nb_sb_noss?url=search-alias%3Daps&field-keywords=stripper+shoes)
- Body Binds: <http://bodybinds.com/>
- Serpent Lane: <https://www.serpentlane.com/>
- Sexy Sanctuary: <https://sexysanctuary.com/>
- Agent Provocateur: [http://www.agentprovocateur.com/us\\_en](http://www.agentprovocateur.com/us_en)
- Marlies Dekker: <https://www.marliesdekkers.com/en-us/home>
- Etsy: <https://www.etsy.com/>