



SHEILA KELLEY  
S FACTOR



## You'll come for the fun.

We absolutely guarantee you a wild ride.

## You'll stay for the workout.

S Factor was designed by a woman for all women. It's a radically new and advanced program inspired by a combination of Pilates, yoga, pole dancing and ballet that's more effective than any fitness program you've ever tried.

## Be amazed by the journey.

After a few classes, you'll discover something incredible. You will have embarked on a journey like none other in your life. No one can explain it to you. You just have to experience it.

50% OFF AN INTRODUCTORY  
TEASER CLASS, ONLY \$20

Name & Student ID: \_\_\_\_\_

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